

CHARACTERISTICS OF ANGRY PERSON

INSTITUTE FOR MENTAL HEALTH INITIATIVES
CONTENT ANALYSIS FORM
EPISODES OF ANGER

Name of program.....

Date program was aired.....

Title.....

Production Company.....

Number of anger episodes in program.....

Analysis of episode#.....

SHORT DESCRIPTION
OF ANGER SEQUENCE:

(What lead up to the situation? who was angry with whom?)

OTHER COMMENTS:

DATE SCORED:

CHARACTERISTICS OF ANGRY PERSON

- | | | |
|---|--------------------------------|----------------------------------|
| 1. Is the angry person a | male <input type="checkbox"/> | female <input type="checkbox"/> |
| 2. Is the angry person an | adult <input type="checkbox"/> | child <input type="checkbox"/> |
| 3. Is the angry person a | white <input type="checkbox"/> | other <input type="checkbox"/> |
| 4. Is the angry person a | black <input type="checkbox"/> | other <input type="checkbox"/> |
| | If other identify..... | |
| 5. Is the angry person powerful? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 6. Does the angry person appear powerless? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 7. Is the angry person a | hero <input type="checkbox"/> | villain <input type="checkbox"/> |
| 8. Do we like the angry person? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 9. Was the angry person verbally abusive? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 10. Was the angry person physically abusive? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 11. Did the angry person take the anger out on himself? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 12. Did the angry person show any somatic symptoms (i.e. heachaches, stomach aches)? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 13. Did the angered person coherently give an accurate explantation of what angered him? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 14. Was the angered person subjected to very much stress prior to his display of anger? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 15. When the angered person displayed his anger was he under the influence of alcohol or drugs? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 16. Did the angered person feel guilty after he expressed his anger? | yes <input type="checkbox"/> | no <input type="checkbox"/> |

CHARACTERISTICS OF THE TARGET OF ANGER

- | | | |
|----------------------|--------------------------------|---------------------------------|
| 17. Is the target a | male <input type="checkbox"/> | female <input type="checkbox"/> |
| 18. Is the target an | adult <input type="checkbox"/> | child <input type="checkbox"/> |
| 19. Is the target | white <input type="checkbox"/> | other <input type="checkbox"/> |

- | | | |
|--|--------------------------------|--------------------------------|
| 20. Is the target | black <input type="checkbox"/> | other <input type="checkbox"/> |
| | If other identify..... | |
| 21. Do we like the target? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 22. Is the target powerful? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 23. Does the target appear powerless? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 24. Is the target the cause of the anger? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 25. Did the target eventually become angry as well? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 26. Was the target of the anger a family member or a close friend? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 27. Was the target of the anger a person who was not a significant other? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 28. Were the actions of the target or the lack of them responsible for the anger the displayer felt? | yes <input type="checkbox"/> | no <input type="checkbox"/> |

ANGER MANAGEMENT

- | | | |
|--|------------------------------|-----------------------------|
| 29. Did anyone listen to the angry person? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 30. Did the target accurately hear what was being said? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 31. Was the angered person provided some information about the circumstances before his anger escalated? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 32. Did someone provide a distraction or or pleasing message to reduce an angry response? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 33. Did the characters engage in problem solving and try to reach a solution? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 34. Was the angry person able to find humor in the situation? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 35. Did the target use humor to try to calm the angry person? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 36. Were the feelings of anger integrated with feelings of love? | yes <input type="checkbox"/> | no <input type="checkbox"/> |
| 37. Did the target show respect for the angry person? | yes <input type="checkbox"/> | no <input type="checkbox"/> |

